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SAI SUKSHEMAM, DIGITAL HEALTH ATM CENTERS IN RURAL INDIA

"HEALTH ATM" IS AN AGGREGATION OF US FDA / EU CE
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Sai Soukhyam

A Unit of Sri Sathya Sai Trust For Universal Welfare

## Let's Gift a life

Gift a portable Dialysis machine

Sai Soukhyam, a chain of free-of-cost dialysis Centers, has dedicated dialysis facilities for needy patients at zero cost to the beneficiaries. Our centers are driven by the noble motto of alleviating the suffering of needy dialysis patients.

While Hemodialysis machines are barely sufficient to meet the growing demand across our country, we also have the responsibility to serve needy critically ill patients who cannot be mobilized to the Dialysis centers for their procedures regularly. Hence there is a strong growing need for procuring portable dialysis machines to help such needy patients. Your support for this cause will be very much appreciated at this juncture.

Team SSSTFUW



Free Medical Supplies



Free Consultation



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### **ABOUT THE TRUST**

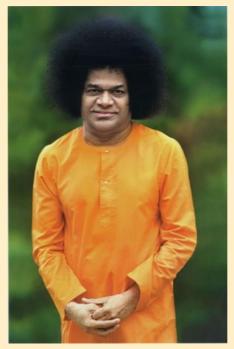




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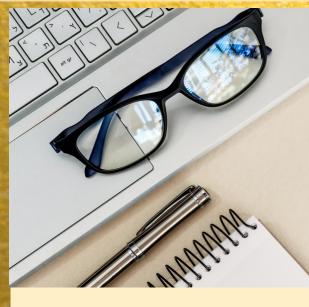




THUS SPAKE THE LORD

Just as each limb is as important as any other in the body, so also is each individual in the society. All limbs have to work in unison for the effective functioning of the body. Unity is most essential for man. Unity leads to purity, which in turn leads to divinity. Cultivate the feeling of brotherhood of man and fatherhood of God. People may come from varied cultures, languages and countries, but all are the children of God. Since you make distinctions based on country, culture and language, you are unable to comprehend divinity. Everyone is a member of the universal family.

- Bhagawan Sri Sathya Sai Baba





## A NOTE FROM THE SECRETARY

Dear Patron,

The month of January was abuzz with medical camp activities reaching out to thousands of needy over the 4 weeks. Most importantly, a new dedicated cancer screening van has been procured to ensure that needy, especially women, the main pillar of the family, are screened for cervical, oral and breast cancer.

Makara Sankranthi was celebrated with cheer and happiness, which spread across 3 days spreading succour to needy in various ways including inaugurating free housing, free drinking water plant etc.

Dear Patron, we express our heartfelt gratitude for standing with us and supporting the needy. We look forward to your continued support and encouragement.

With Love, Dr. Kalyan Sarvepalli Secretary and Trustee



#### **DIALYSIS PROCEDURES**

SAI SOUKHYAM FREE-OF-COST DIALYSIS CENTERS

The chain of free-of-cost dialysis centers, Sai Soukhyam, is very happy to share that during the month of January 2024, 149 free-of-cost dialysis procedures were conducted at Sai Soukhyam, the chain of free-of-cost dialysis centers, bringing relief to the needy.



### SAI SOUKHYAM AAROGYAM PARAMAM SOUKHYAM

\*Sai Soukhyam Monthly Report\*

During the month of January, 149 free-of-cost dialysis procedures were conducted at Sai Soukhyam, the chain of free-of-cost dialysis centers, bringing relief to the needy.







#### SAI VAATSALYA



It has been the loving practice of Mother Sai every New Year's day (January 1st) to visit and bless infants born on the New Year's Day in various government hospitals in and around Visakhapatnam. This year, 2024, as well, Swami visited 6 government hospitals in Visakhapatnam and Vizianagaram districts.













54 new born babies, born on 1st January, were gifted with handy, healthy and safe Baby kits. The babies' parents were grateful for Swami's Blessings and Love in the form of the Baby kits. There was a beautiful incident where a baby boy was just getting born as Swami was visiting a few new borns in a certain hospital. The new born boy was blessed to be named as Sai Deva!

We thank everyone involved in this blissful seva that welcomed the new borns on the first day of the year 2024!







### FREE RURAL MEDICAL SERVICES -



SAI AAROGYA

CAMP 5

Sri Sathya Sai Trust For Universal Welfare under the umbrella of Sai Aarogya (Free Rural Medical Services) conducted its 5th medical camp, which is a part of the series of 100 medical camps in 100 weeks, was held in 3 adjacent villages of Gavarapalem colony, Gavarapalem and Ambaadasapalem on 5th January. The medical camps are enabled by state-of-the-art medical van with advanced screening facilities, supported by our esteemed CSR partner GIC Housing Finance Ltd.

















In this camp, 472 people benefited with medical screenings and other procedures, of whom, 139 consulted the general physician. While 58 women used the services of the gynecologist, 36 patients consulted the dentist. 45 used Advanced consultations like oncology. 81 were screened for ophthalmology, where 31 will be provided with Spectacles and 15 were referred for cataract surgery. This apart, there were 5 dental extractions and 9 fillings conducted. About 91 used the services of the orthopaedic. Medicines prescribed were provided free of cost to the beneficiaries.



#### **MAKARA SANKRANTHI CELEBRATIONS**

#### - DAY 1

GRUHAPRAVESHAM OF DIVINE HOUSING PROJECT (DIVYA PRAASADAM)

The Sankranthi Celebrations at Sri Sathya Sai Divyaamritam began in the early hours with the Bhogi Mantalu that enabled everyone around to avert the chilly breeze and the biting cold at the Divine Abode. It was then followed by the Puja offered At the Divine Feet of Lakshmi Narasimha Swami varu.







After a sumptuous breakfast that filled the empty stomachs, with the Blessings of Bhagawan Sri Sathya Sai Baba, everyone gathered at the newly built residence for Smt Gowri, Jeelugulapadu village in Ananthagiri Mandalam in Allusitaramaraju district. The place is situated on the banks of the backwaters of Thatipudi reservoir, a beautiful one created by Lord Rama during the exile and on His way to Bhadrachalam. But before reaching the location, the entire Sai family stopped at the Gangamma Temple in the entry to the Village and offered Turmeric, Vermillion, bangles and a saree to the Mother.

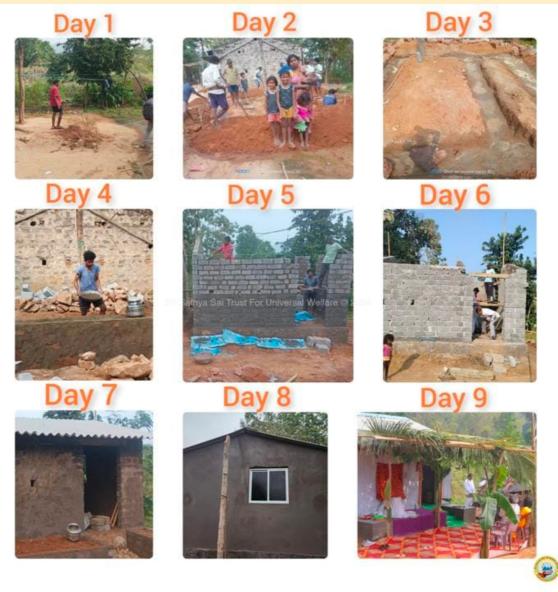












It's not too far to recall that in the last week of the year just gone by, Swami, out of His Highest compassion willed that a pucca residence be built for a lady and her four children who lost the head of their family, a fisherman by vocation, in a boat accident. Not knowing how to make both ends meet and unable to feed four children the lady was witnessed by the Lord, during the Visit, to be feeding in one bowl that hardly contained four morsels of food. The Lord's heart melted and Grace was showered instantly to shift the family from the thatched hut that was open to sky exposed to all vagaries of weather.

A residence for the blessed family came up in a record time of less than two weeks with loving Seva rendered by all age groups. The housewarming (Gruhapravesham), a heart touching occasion, was performed in line with the tradition when all the eyes present were filled with tears out of gratitude to Swami whose Grace alone enabled it to happen. Rudrabhishekam was performed in the open area on the serene banks of the Reservoir next to the newly built home. 24 families in the village were served with new Dhothis and Sarees, and Divya Prasadam was served to one and all!







#### MAKARA SANKRANTHI CELEBRATION

#### - DAY 2

#### INAUGURATION OF CANCER SCREENING MEDICAL VAN

Bhagawan Baba always ensures that all celebrations including festivals are accompanied by service activities to serve the needy. This year's Makara Sankranti seemed to be no exception! The first day, 14th January, saw the inauguration of Divine Housing Project for a needy family headed by a widow mother of young children, whose bread winner was no more. Bhagawan Baba's Love ensured that the needy family now has a permanent shelter!















Coming to Day 2, Swami inaugurated a medical van dedicated to screening various cancers such as breast cancer, cervical cancer and oral cancer. The ongoing 'Sai Aarogya' based Weekly Medical camps in rural areas have helped rural women from remote areas to check and screen themselves. Thus, the dedicated Cancer Screening Medical van, which would run in parallel to current weekly medical camps, would ensure the welfare of thousands of needy families (both women and men) who have no access to advanced screenings anywhere near their villages. Needless to say all the services are free of cost to the beneficiaries.

The second day of Makara Sankranti, apart from the above inauguration, also had abhisekham and homam for Sri Lakshmi Narasimha Swamy at the temple. A brief satsang, which was attended by guests from Ramky Foundation and JSW, took place. The day's proceedings came to a conclusion with Divya Prasadam served to all.

#### MAKARA SANKRANTHI CELEBRATION

#### - DAY 3

#### DEDICATING FREE DRINKING WATER PLANT IN LATCHAMPETA VILLAGE

The third day of Makara Sankranti Celebrations, after the previous 2 days' activities of launching Divine Housing and Sai Aarogya's Cancer Screening Medical van, was dedicated to Sri Sathya Sai Divya Jalam (drinking water RO Plants). As an offering to Bhagawan Baba, one Water Plant is being built and inaugurated every month in the rural & tribal belts of Vizianagaram and Visakhapatnam districts.















One sincere devotee of Bhagawan, Sri Sharma garu had prayed to Swami for rural upliftment & development of Latchampeta Village in L.Kota mandal. Swami blessed the prayer to inaugurate the water plant on the holy Kanuma day of Sankaranthi. And from this very village, youngsters used to come for seva and programmes in Divyaamritam and were actively involved in the Shiva stone statue construction in their village. Their bhakti & shraddha brought Swami to their village and blessed everyone to partake of the highest bliss. Trustee Sri Chaganti Mahalakshmi Amma spoke and narrated the love of Swami in the first look and feel so blessed to be as His instrument. Sri Ganesh Machavarapu, founder of Sahasam Trust, announced that he is going to adopt the govt school of Latchampeta village. Sri Yerayyamma, sarpanch of village was excited that her dreambecame true on this day to see her village walk on the path of development! Youngsters took a leading part and took care of various arrangements for the day. The day's activities came to an end with Divya Prasadam served to over 150 people.

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## FREE RURAL MEDICAL SERVICES -



#### CAMP 6

The 6th of the proposed 100 weekly medical camps took place on 18th January at Bhavani nagar and neighbouring areas around the Sri Sathya Sai Divyaamritam campus. The medical camps are enabled by state-of-the-art medical van with advanced screening facilities, supported by our esteemed CSR partner GIC Housing Finance Ltd.



















In this camp, 569 people benefited with medical screenings and other procedures, of whom, 157 consulted the general physician. While 50 women used the services of the gynecologist, 54 patients consulted the dentist. 59 used Advanced consultations like oncology. 118 were screened for ophthalmology, where 44 will be provided with Spectacles and 9 were referred for surgery. This apart, there were 9 dental extractions 8 scalings and 1 filling conducted. About 131 used the services of the orthopaedic. Medicines prescribed were provided free of cost to the beneficiaries.

## FREE RURAL MEDICAL SERVICES -



#### CAMP 7

The healthcare wing of Sri Sathya Sai Trust For Universal Welfare, on 24th January, conducted the 7th medical camp of the envisioned 100 weekly medical camps to serve the villages of Latchannadorapalem, Marupalle and a couple of more adjacent hamlets. The medical camps are enabled by state-of-the-art medical van with advanced screening facilities, supported by our esteemed CSR partner GIC Housing Finance Ltd.









In this camp, 367 people benefited with medical screenings and other procedures, of whom, 112 consulted the general physician. While 41 women used the services of the gynecologist, 38 patients consulted the dentist. 44 used Advanced consultations like oncology. 67 were screened for ophthalmology, where 18 will be provided with Spectacles and 17 were referred for cataract surgery. This apart, there were 1 dental extraction and 5 dental scalings conducted. About 65 used the services of the orthopaedic. Medicines prescribed were provided free of cost to the beneficiaries.

We convey our sincere gratitude to the doctors and management of MIMS (Maharajah Institute of Medical Sciences) for their support in this drive that has benefited 367 needy villagers. We also thank Sri Anand Chinnakaran, the CSR head of Pushpagiri Vitreo Retina Institute for participating in the medical camp.









## FREE RURAL MEDICAL SERVICES -



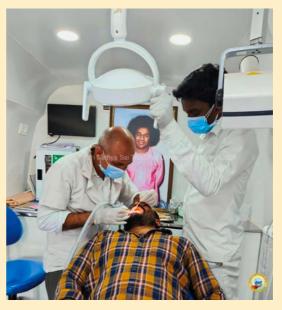
#### CAMP 8

Sri Sathya Sai Trust For Universal Welfare under the umbrella of Sai Aarogya (Free Rural Medical Services) conducted its 8th medical camp of the series of 100 medical camps in 100 weeks. The medical camp was held in Gowripuram, Kothapalem and surrounding villages. The medical camps are enabled by state-of-the-art medical van with advanced screening facilities, supported by our esteemed CSR partner <u>GIC Housing Finance Ltd.</u>









In this camp, 540 people benefited with medical screenings and other procedures, of whom, 148 consulted the general physician. While 62 women used the services of the gynecologist, 54 patients consulted the dentist. 67 used Advanced consultations like oncology. 92 were screened for ophthalmology, where 18 will be provided with Spectacles and 15 were referred for cataract surgery. This apart, there were 8 dental extractions and 23 dental scalings conducted. About 83 used the services of the orthopaedic. There were 21 consultations attended to by the paediatrician and 13 by the ENT specialist. Medicines prescribed were provided free of cost to the beneficiaries.









#### SAI SUKSHEMAM - HEALTH ATM



'Sai Sukshemam' is an elaborate digital health ATM center that would cater to needy by virtually bringing to the villages a healthcare center with sophisticated health screenings and reports, virtual doctor consultations etc.

During the month of January 2024, about 566 OPD services were provided free-of-cost through Sai Sukshemam!





# It's time we resolve and commit ourselves once again to bring smiles and happiness in the lives of the needy

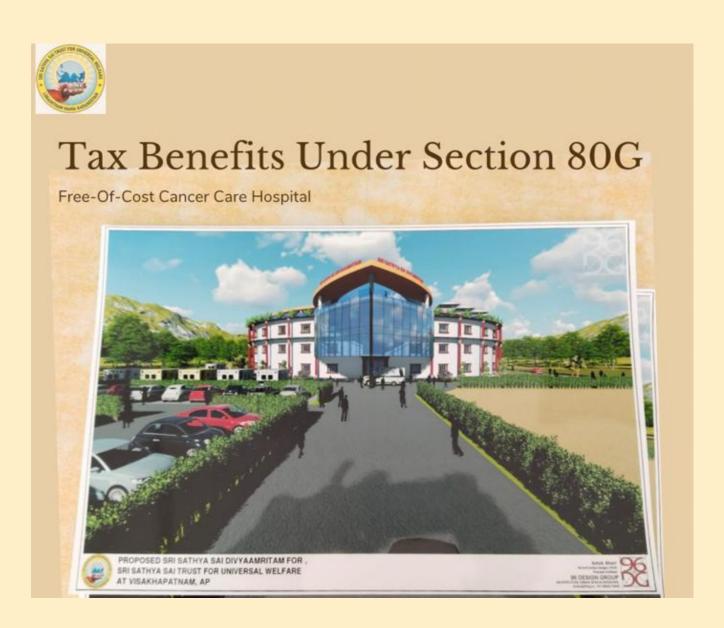
#### LOKA HITHAM MAMA KARANEEYAM

It's our duty to do good to the world!





## You can serve the needy as well as get tax breaks!



Let's join hands and bring smiles in the lives of the needy!

## GET INVOLVED



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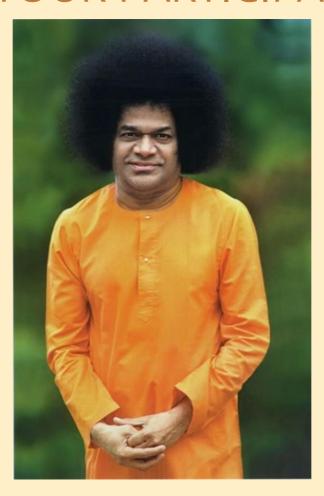




We will be happy to have your support and participation!



## THANK YOU FOR YOUR PARTICIPATION!



WE PRAY TO BHAGAWAN TO SHOWER BLESSINGS ABUNDANTLY ON YOU AND YOUR FAMILY!

SAMASTHA LOKAH SUKHINO BHAVANTHU

**STAY SAFE | STAY BLESSED**