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SAI SUKSHEMAM, DIGITAL HEALTH ATM CENTERS IN RURAL INDIA

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Sai Soukhyam

A Unit of Sri Sathya Sai Trust For Universal Welfare

Let's Gift a life

Gift a portable Dialysis machine

Sai Soukhyam, a chain of free-of-cost dialysis Centers, has dedicated dialysis facilities for needy patients at zero cost to the beneficiaries. Our centers are driven by the noble motto of alleviating the suffering of needy dialysis patients.

While Hemodialysis machines are barely sufficient to meet the growing demand across our country, we also have the responsibility to serve needy critically ill patients who cannot be mobilized to the Dialysis centers for their procedures regularly. Hence there is a strong growing need for procuring portable dialysis machines to help such needy patients. Your support for this cause will be very much appreciated at this juncture.

Team SSSTFUW



Free Medical Supplies



Free Consultation



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ABOUT THE TRUST

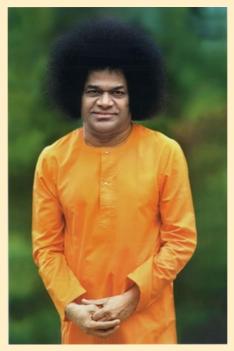




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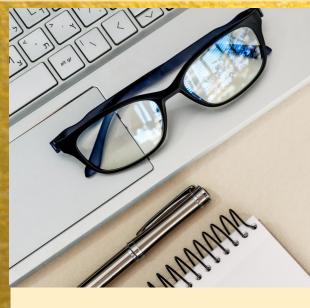




THUS SPAKE THE LORD

Calendar makers calculate the years and declare that this day is New Years Day. But lapse of time is to be calculated in proportion to the work accomplished, rather than the revolution of our earth around the sun. For each individual, there is a New Year Day, a day that marks the completion of his revolution round the sun, that is to say, the awakened effulgent intelligence, capable of conferring on him discrimination and detachment.

- Bhagawan Sri Sathya Sai Baba





A NOTE FROM THE SECRETARY

Dear Patron,

The year 2023 has flown by! However, with your support and encouragement we have made a difference and brought smiles in the lives of thousands of needy in various areas like providing free healthcare, education support, hunger alleviation, women and youth empowerment etc.

As we step forward into 2024, we have a great goal waiting to be addressed - taking prosperity to millions of needy families in the form of free and quality healthcare, education and academic enablement for needy students, alleviation of hunger of needy, and creating livelihood to enable needy to lead respectable lives. While we have the task cut out, we all have the recipe for the solution - Selfless Love!

Dear Patron, we are confident that no hill is tough to climb with your joint support and encouragement! Wishing you a happy and prosperous New Year 2024!

With Love, Dr. Kalyan Sarvepalli Secretary and Trustee

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A QUICK RECAP OF 2023!



2023 was an enthralling year filled with activities serving the needy! Each month was more exciting than the previous, reaching out to thousands of more needy every month. The trust's plethora of activities may be classified under pillars such as Free Healthcare, Education Support, Hunger Alleviation, Rural Uplift, Women & Youth Empowerment, relief operations etc.

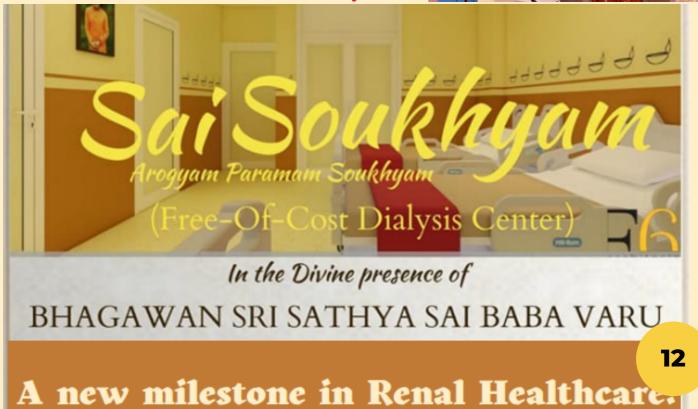
Free Healthcare:

The year started with the Bhoomi Pooja of the 2nd free-of-cost comprehensive cancer care hospital at Bibinagar in Telangana on the auspicious occasion of Sankaranthi.



During the mid-year, free-of-cost dialysis centers in Hyderabad (Uppal) and Vijayawada sprung up., Over 150 free procedures are performed every month. This apart, with the help of the a well-equipped medical van supported by our prestigious CSR partner GIC Housing Finance Ltd., we are now reaching out to remote rural areas with medical screenings every week. The trust also supports driving blood donations multiple in occasions during the year. Sai Sukshemam, an healthATM was inaugurated in November providing advanced OPD services to needy.







Hunger Alleviation:

The trust has actively been conducting the night-hunger alleviation programme, where over 150 beneficiaries are provided every night with nutritious dinner meals. Over 50,000 meals have been served this year. The trust also provides needy families supported by single mothers, daily wage workers not supported by government schemes etc. with monthly grocery kits.





EDUCATION SUPPORT:

Apart from the upcoming educational campus Sri Sathya Sai Divya Bharathi meant to provide free education to tribal students, the trust has also been conducting multiple educational support schemes. 100s of needy students from various institutes and profiles including those from needy background studying in IITs, pursuing CA, and others have been provided with Sai Scholarships through the Project ESES (Educate a Student-Educate the Society). Exam kits were provided to 1500 needy students who were about to appear for their board exams. An e-Library was set up in Gangubudi village to encourage the local youth and children to take to reading habits. This apart, a notebook drive took place that supported 20,000 needy government school students across many districts.





RURAL UPLIFT PROGRAMMES:

Grama Seva, or village seva, were conducted on an average for every quarter during various occasions like Andhra Kodai trip, Dasara, Bhagawan Baba's Birthday and so on. The villagers are treated like family members are provided with prasadam meals, new clothes etc. during such occasions.



During 2023, 12 drinking water plants have been inaugurated in remote villages having no or minimal access to pure drinking water, under 'Sri Sathya Sai Divya Jalam'.





An elaborate blanket drive was conducted, reaching out to 2000 families in remote locations across hilly terrains. The recipients were thrilled at the love they received through this blanket drive.



WOMEN & YOUTH EMPOWERMENT

Scores of women from needy background in rural areas were provided with sewing machines to give them an opportunity to eke out an living. Youth from rural background have also been engaged through 'Abhinandana' programme, where they serve the society and are given an opportunity to become more productive to the society.



FESTIVALS AT DIVYAAMRITAM

Festival celebrations are amongst the most joyful occasions at Sri Sathya Sai Divyaamritam. Festivals such as Shivarathri, Holi, Sri Ramanavami, GuruPoornima, Varamahalakshmi Vratham, Sri Krishna Janmastami, Ganesh Chaturthi, Dasara, Bhagawan Baba's Birthday, Global Akhanda Bhajans, Christmas etc. are celebrated at grand scale with thousands of recipients served with elaborate lunch and dinner prasadam. There are occasions such Shivarathri and Ramanavami where in temples, the team serves tens of thousands of meals to serve those who have come to take darshan of the Lord in empty stomach.

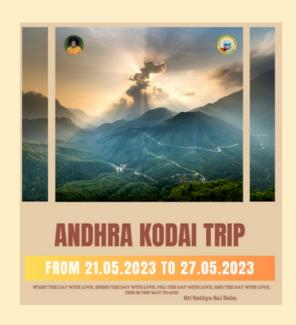




DIVINE RETREAT

The devotees enjoyed some wonderful proximity to their Lord during the summer in the form of Andhra Kodai (Araku Valley) retreat. The Lord also took His Entourage to divine places like Puri and Bhadrachalam on other occasions.





SOCIAL RESPONSIBILITY

The trust also ensures to reach out to families in need affected by fire, flood etc. in time. The trust also took the environmental responsibility to plant saplings.



During the Global Investors Summit held in Visakhapatnam, the honourable CM of Andhra Pradesh Sri YS Jagan Mohan Reddy and a few of his honourable ministers along with the honourable Union Minister Sri Nitin Gadkari had good words of praise for the trust's activities.



Sri Sathya Sai Trust For Universal Welfare thanks all patrons, volunteers, CSR Partners etc. for all the wonderful support and encouragement for helping us reach thousands of needy.





DECEMBER 2023





DIALYSIS PROCEDURES

SAI SOUKHYAM FREE-OF-COST DIALYSIS CENTERS

The chain of free-of-cost dialysis centers, Sai Soukhyam, is very happy to share that during the month of December, 150 free-of-cost dialysis procedures were conducted at Sai Soukhyam, the chain of free-of-cost dialysis centers, bringing relief to the needy.



FREE RURAL MEDICAL SERVICES



100 MEDICAL CAMPS BY 100TH BIRTHDAY OF BHAGAWAN BABA

Sri Sathya Sai Trust For Universal Welfare has been providing succour to needy in various fields including providing free healthcare. In addition to the upcoming free of cost comprehensive cancer treatment hospital 'Sri Sathya Sai Divyaamritam' near Thatipudi reservoir near Visakhapatnam, and the functioning dialysis centres <u>Sai Soukhyam</u>, the trust is also taking free primary healthcare to rural areas through medical camps.

The trust, with Bhagawan Baba's Inspiration, is taking up the task to reach and take free medical services to a Village every week! Every month there will be 4 Medical camps and by Bhagawan Baba's 100th Birthday, our volunteers have offered to dedicate 100 medical camps to mark the most beautiful occasion of 100th Birthday of Bhagawan Sri Sathya Sai Baba!





On 1st December, the team launched the 100-week Rural Medical Services starting with Mushidapalle Village in S.Kota mandal in Vizianagaram district.











151 people benefited with medical screenings, of whom, 42 consulted the general physician. While 30 women used the services of the gynecologist, 3 patients used the dentist's availability. Advanced consultations like oncology (16 beneficiaries) and cardiology (6 beneficiaries) were also made available. About 12 people were screened for BP and Diabetes. 36 were screened for ophthalmology, where 15 were provided with Spectacles and 7 were referred for cataract surgery. About 47 used the services of the orthopaedic. Medicines prescribed were provided free of cost to the beneficiaries.

We thank our esteemed CSR partner GIC Housing Finance Ltd, the team of doctors and our volunteer team for the noble task of making healthcare and screening available at rural areas, as villagers do not proactively visit healthcare centers in towns to screen themselves.

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FREE RURAL MEDICAL SERVICES CAMP 2

MADHUPADA VILLAGE

As we know, the trust, with Bhagawan Baba's Inspiration, is taking up the task to reach and take free medical services to Villages every week for 100 weeks! As a part of the 2nd medical camp held at Madhupada Village in Gantyada mandal in Vizianagaram district, about 454 people benefited with medical screenings and other procedures, of whom, 113 consulted the general physician. While 49 women used the services of the gynecologist, 35 patients used the dentist's availability. 40 used Advanced consultations like oncology. 84 were screened for ophthalmology, where 14 were provided with Spectacles and 26 were referred for cataract surgery. About 133 used the services of the orthopaedic. Medicines prescribed were provided free of cost to the beneficiaries.















We thank our CSR partner GIC Housing Finance Ltd the team of doctors and our volunteer team for the noble task of making healthcare and screening available at rural areas



FREE RURAL MEDICAL SERVICES CAMP 3

KOTHA ADDATEGA VILLAGE

The 3rd comprehensive Medical camp, as a part of the Free Rural Medical Services aimed at serving 100+ villages, was held at Kotha Addatega Village near Sri Sathya Sai Divyaamritam in Vizianagaram district. About 262 people benefited with medical screenings and other procedures, of whom, 85 consulted the general physician. While 25 women used the services of the gynecologist, 30 patients used the dentist's availability. 33 used Advanced consultations like oncology. 36 were screened for ophthalmology, where 7 were provided with Spectacles and 10 were referred for cataract surgery. About 53 used the services of the orthopaedic. Medicines prescribed were provided free of cost to the beneficiaries.















We wholeheartedly express our gratitude to our esteemed CSR partner <u>GIC Housing Finance Ltd.</u>, the team of doctors and our volunteer team.

SRI SATHYA SAI DIVYA SPARSHA



SPREADING WARMTH OF LOVE THROUGH BLANKET DISTRIBUTION

True concern and love for fellow beings lead to selfless actions. The reward for love is love itself. In order to help the needy beat the chill winter, the trust, through the blanket drive 'Sri Sathya Sai Divya Sparsha', has been reaching out to an overall of 2000+ families. The blankets drive was inaugurated during Bhagawan Baba's 98th Birthday on November 23rd.

















All the 2000+ blankets were distributed to the most needy scattered across 56 tribal and needy villages spanning the 3 districts of Vizianagaram district, Alluri Sitaramaraju district, and Anakapalli district.

What was deeply satisfying was to receive heartfelt love and gratitude from each of these 2000 beneficiaries. The beneficiaries had assumed they were left to fend for themselves, but the loving Lord ensured that His army of loving volunteers and devotees reached out to their needy brothers and sisters staying in remote locations. Some were located high up in hilly terrains, some in remote forest locations and so on. However, Swami's Love cannot be bound by physical limitations as the volunteers enjoyed trekking, jumping and crossing all hurdles to reach the needy.

Upon receiving the blankets, the beneficiaries across all these villages expressed gratitude for the blankets that would protect them from the cold, but they were much more grateful that they now have the Lord's Sight fallen on them and that they are under His divine protection. The volunteers lent their ears to the beneficiaries and realised the challenging situations they were all in- with each having their own pain and struggle. The Lord's love acted as a balm to their pains!

We thank all the patrons, volunteers and the various teams involved for diligently reaching out to the 2000+ needy through the 'Sri Sathya Sai Divya Sparsha'.









CHRISTMAS DAY CELEBRATIONS

The holy day of Christmas, marking the birth of Jesus Christ, was celebrated with happiness and cheer in Sri Sathya Sai Divyaamritam.

The day's activities started with service activities like Blankets distribution alongside a medical camp benefitting over a 100 needy. The celebration mode started with some cheerful songs and plays related to Christmas. Some nearby residents as well as inmates of Sri Sai Palle along with Sai Prema students described Swami's eternal quotations that were further explained in detail by Balavikas gurus.









Swami delivered His Divine Discourse on the occasion of Christmas. He said 'The Christ declared that He was even before Abraham!' and that Lord Sri Krishna said "Not that these, you or I, were not before, are not now, nor will not be hereafter. Nothing was born, nothing was dead, nor will it not be so hereafter". Swami explained the simple truth that Jesus Christ has conveyed, which was "The Kingdom of Heaven is within You".

The day was blessed with moments of bliss by the celebrations of pure hearted young children with their Lord!













FREE RURAL MEDICAL SERVICES CAMP 4

The 4th medical camp, that is a part of the series of 100 medical camps in 100 weeks, was held across 3 adjacent of Gavarapalem, Rayavanipalem villages Ramannapalem from morning 10am to evening 4pm (on 27th December). About 412 people benefited with medical screenings and other procedures, of whom, 124 consulted the general physician. While 52 women used the services of the gynecologist, 36 patients consulted the dentist. 36 used Advanced consultations like oncology. 76 were screened for ophthalmology, where 48 will be provided with Spectacles and 9 were referred for cataract surgery. This apart, there were 9 dental extractions and 4 fillings conducted. About 88 used the services of the orthopaedic. Medicines prescribed were provided free of cost to the beneficiaries.



















We express our heartfelt thanks to our CSR partner GIC Housing Finance Ltd, the team of doctors and our volunteer team for the noble task of taking healthcare and screening available to remote rural areas.

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GIFT A LIFE GIFT A HEALTHATM OR A DIALYSIS MACHINE!

As we are performing scores of free-of-cost dialysis procedures everyday in our free-of-cost dialysis centres <u>Sai Soukhyam</u>, we are now seeing a growing need for mobile or portable dialysis units for many needy patients who find it very difficult to come to the dialysis center.

This apart, we have also set up 'Sai Sukshemam', an elaborate health ATM, that caters to needy by practically bringing to the villages a healthcare center with sophisticated health screenings and reports, virtual doctor consultations etc.

We are looking forward to partner to help the needy that are unable to come to the dialysis centers by gifting them a portable dialysis machine, and/or healthATMs for the remote rural needy.

May we, together, bring happiness and relief in the lives of the needy and their families!



It's time we resolve and commit ourselves once again to bring smiles and happiness in the lives of the needy

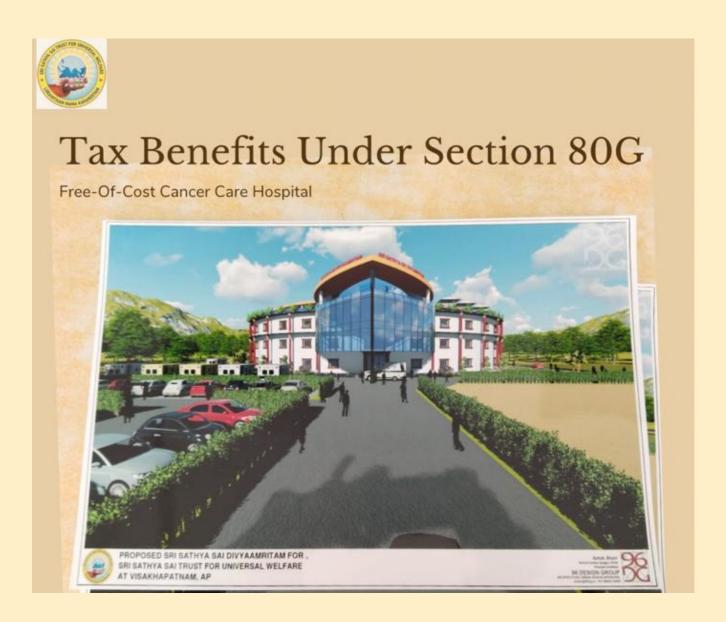
LOKA HITHAM MAMA KARANEEYAM

It's our duty to do good to the world!





You can serve the needy as well as get tax breaks!



Let's join hands and bring smiles in the lives of the needy!

GET INVOLVED



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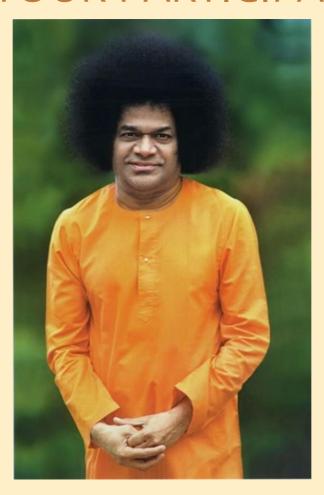




We will be happy to have your support and participation!



THANK YOU FOR YOUR PARTICIPATION!



WE PRAY TO BHAGAWAN TO SHOWER BLESSINGS ABUNDANTLY ON YOU AND YOUR FAMILY!

SAMASTHA LOKAH SUKHINO BHAVANTHU

STAY SAFE | STAY BLESSED