



# ABHINANDANA



## YOUTH EMPOWERMENT

MORE DETAILS INSIDE!

# COFFEE TABLE



## Lokahitham Mama Karaneeyam Our Duty Is to Do Good to Humanity

#### **RELEASED on GURU POORNIMA DAY**

**Collect Your Copy** 

Link inside!



4

#### ABOUT THE TRUST

Sri Sathya Sai Trust for Universal Welfare (SSSTFUW) is a Public charitable trust headquartered in Hyderabad, Telangana, India.

Founded drawing inspiration from Bhagawan Sri Sathya Sai Baba, with a clear vision to Serve the Needy and Create Livelihood, the Trust enterprises in the fields of Health, education, Hunger Alleviation and other permanent and sustainable service projects.

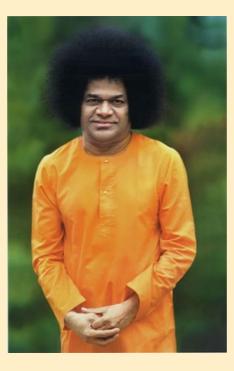
SSSTFUW includes like-minded individuals in partnership with enabled individual and corporates for the betterment of the society.



#### CONTENTS

Thus Spake the Lord	06
A Note from the Secretary	07
First Annual Meet	09
Guru Poornima 2022	12
Coffee Table Book Released	17
Cancer Cancelled	18
Abhinandana - Goals and Gratitude	19
Trust Office Inaugurated	23
Mega Medical Camp	24
Sai Sanatha Seva	27
Divya Prasada Seva	29
Swayam Paka Seva	30





#### THUS SPAKE THE LORD

What is the significance of Guru Poornima? Guru is one who illumines the path to divinity. Poornima stands for the cool full-moonlight. Full moon stands for a mind with total illumination and purity. Even if there is a trace of blemish in the mind, it will lead to darkness. It cannot give you total bliss.

Embodiments of Love! Let your mind be filled with the radiance of divine love. Acquiring mere textual knowledge is of no avail. What you have studied is only a fraction of the total knowledge. Yet you feel proud about it. Your worldly education is insignificant compared to divine wisdom. You cannot attain God with your education, power and wealth. He is accessible by Love and Love alone. You can experience Him only when you develop Love. Devotion means to Love God wholeheartedly.

- Bhagawan Sri Sathya Sai Baba



## A NOTE FROM THE SECRETARY

Dear Selfless Friends,

The month of July was filled with activity for the trust. We had our First Annual Meet at a business hotel in Hyderabad that was well attended by achievers in various fields along with social champions.

GuruPoornima was celebrated with joy and fanfare. A medical camp that was wonderfully supported by the District Collector (Yadadri Bhuvanagiri in Telangana) and the expertise from AIIMS Bibinagar helped over 190 needy people with medical screening and follow-up.

A youth empowerment workshop was arranged at a grand scale to capture the minds of the adolescents and young adults towards building a prosperous society.

We had our new trust office inaugurated at Hyderabad. With the activities set to spiral up to reach out to more and more needy, this office's inauguration has come at the right time to support and enable these activities.



We all would certainly be grateful for leading a fairly comfortable life with all basic essential needs well covered.

It is time for us to resolve to help our needy brothers and sisters to also raise up in their standards of living and alleviate their suffering. Let us be humble instruments in the hands of God in this noble mission of 'Serving the Needy'.

I take this opportunity to thank you all for your tremendous support and love!

With Love,

Dr. Kalyan Sarvepalli Secretary and Trustee

# EXUBERANT CELEBRATIONS FIRST ANNUAL MEET



Sri Sathya Sai Trust For Universal Welfare celebrated its First Annual Meet in a graceful gathering comprising of distinguished guests across various walks of life.

The event that was conducted in Hyderabad's Aditya Park Business hotel saw beautiful minds gather and discuss the way forward to help alleviate the plight of needy sections of the society.

The programme started with the Trustees of the Sri Sathya Sai Trust For Universal Welfare introducing themselves to the august gathering and welcoming them for a productive and musical evening ahead.





The activities of the trust over the last year were presented to the audience, and the impact of the activities conveyed in the form of a video.

The benevolent congregation was moved to hear about the upcoming free-of-cost state-of-the-art comprehensive cancer cure hospital near Thatipudi reservoir near Visakhapatnam.





Bhagawan Baba, in His Divine Address, announced not just one but 18 such massive temples of healing of cancer cure Temples, filling everyone's heart with delight! The audience, during the following interactive session, expressed their admiration for the work being done, and promised of their partnership and support in various forms to help the trust reach out to more and more needy across various nooks and corners



As the evening progressed past the twilight hours, the audience was treated to the ecstatic music of Sitar and Tabla. The soul stirring musical programme had the highly accomplished Sri Ramprappana Bhattacharya weave magic with the Sitar and the scholarly Thakur Harijit Singh display his excellence over the tabla. Divya Prasadam (dinner) followed, bringing the evening to a beautiful end.

The Sunday evening of 31st July 2022, the First Annual Meet of Sri Sathya Sai Trust For Universal Welfare, was an apt occasion that brought together various achievers and selfless souls across the metropolitan city of Hyderabad under one roof to delve on the cause of Serving hundreds of thousands of Needy!

NOTE: The Foundation Day will be celebrated on 1st of September.

## GURUPOORNIMA 2022



GuruPoornima is the holy occasion to pay gratitude to the Guru, Who is an epitome of love and filled with concern for the welfare of one and all. This year, GuruPoornima was celebrated on 13th July 2022 in the Divine Presence of Bhagawan Sathya Sai Baba in the port city of Visakhapatnam.



The Lord arrived at the 'V Conventions' hall, an exemplary venue for the celebrations. The devotees, gathered to welcome their Lord, had their eyes filled with bliss and ecstacy on getting the Darshan of the Lord and Guru.





Paduka Pooja was performed where devotees took turns to enjoy the divine proximity to their Lord. Bhajans filled the air with devotion and bliss. The nectarine bhajans were followed by an introductory speech by the Secretary of the trust Dr. Kalyan Sarvepalli, who took the opportunity to share his insights on the sadhana of Chatustayam and on the guidance of 'Follow Me' lovingly prescribed by Swami.



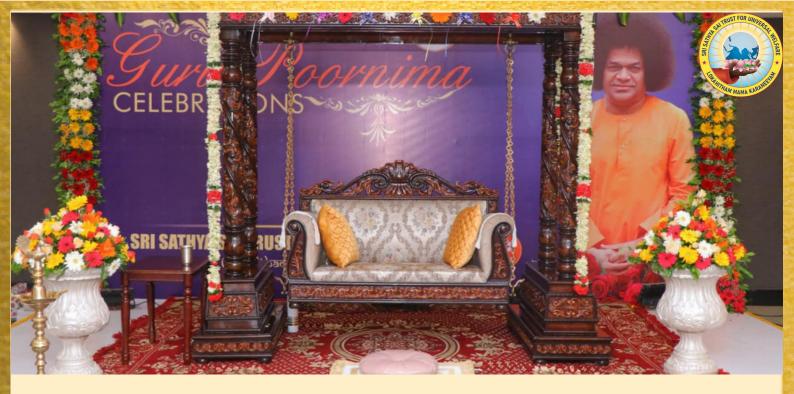
A video was presented to the gathering that ran through the activities of Sri Sathya Sai Trust For Universal Welfare over the past 1 year. The audience were very happy to see the amount of work done over the past year with the guidance and blessings of Swami.

Following this, Sri Srinivas Boppa, President of the Trust discussed about the various updates and growth of the trust. Sri Chaitanya took to the stage next and compared his understanding of selfless service to that of a flower which blooms and provides fragrance irrespective of its environment.



It was the turn of the young girls to dedicate their devotion at the Lord's Feet. The young and ever inspiring Chy.Sow. Nithya recited Mookam karoti vachalam and expounded its meaning. This was followed by Sow. Snigdha performing her dance act for the Lord.

Further, a talk from trustee Sri Ramamurthy on his experiences with the Lord and an inspiring talk from Sri Ramagopal garu extolling the Guru-Shishya relationship brought everyone to the most awaited moment of Bhagawan Baba's Divine Discourse. Post Bhagawan's Divine GuruPoornima message, the morning session came to a close with Arathi and Divya Prasadam.

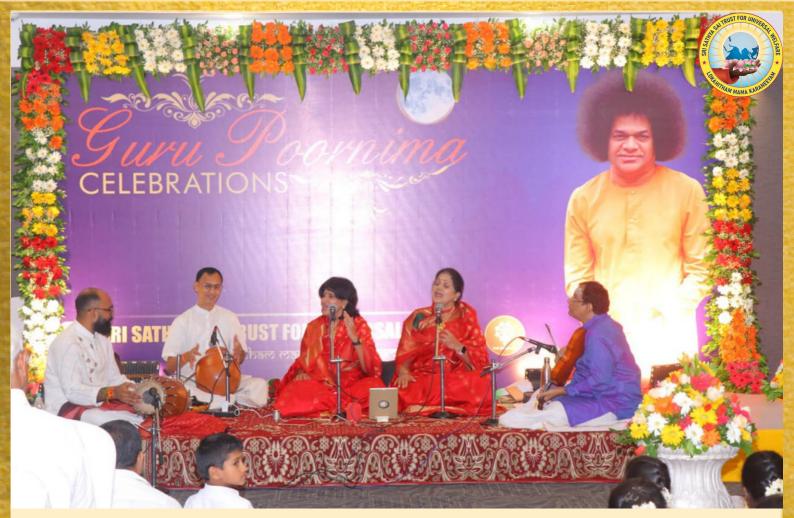


The evening programme started with Vedam invocation. The trust's secretary Dr. Kalyan Sarvepalli welcomed the gathering to a musical evening with the Lord. Sri Siva Sai, an ambidextrous and ever-ready instrument of the Lord, shared his personal experiences with the Lord.

Sri Ramagopal garu, a senior devotee dedicated to Swami's Mission for the last 4 decades, next shared his insights with the audience. Following this, Bhagawan Baba delivered His Divine Discourse.

In the Divine Discourse, Swami marked that the shishya has to serve the Guru but gets distracted by maya. He reminded that each one of us is our very guru. He lovingly evoked that the Guru and God are the same in the case of Swami, and called for serving Swami unswervingly to attain the highest goal of life.





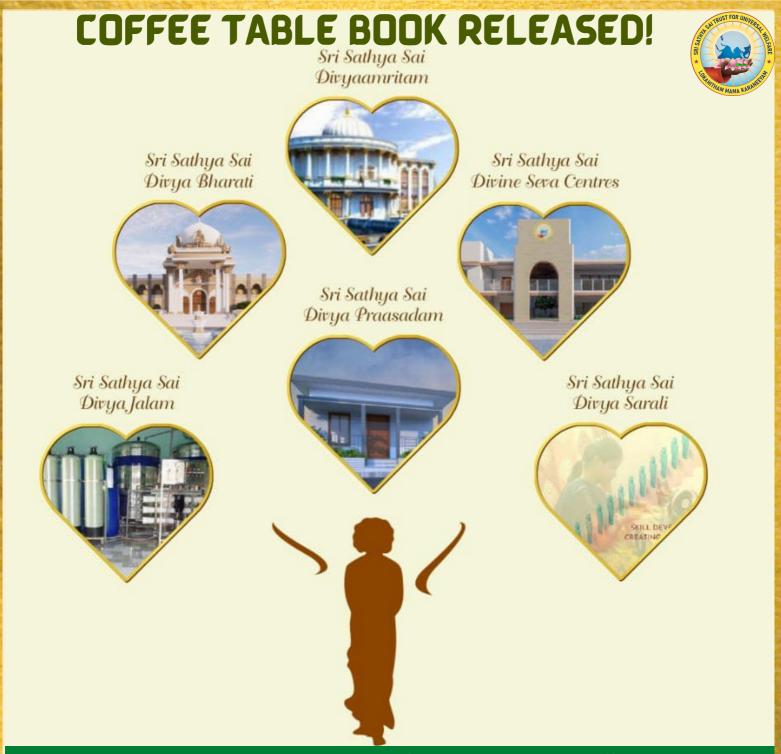
It was time for the melodious part of the evening. The devotees soaked in Divine ecstacy listening to the sonorous Thatwic singing of the famous Priya sisters - Shanmukhapriya and Haripriya.







The Priya sisters enthralled not only the audience but even the Divine Master was visibly impressed with the garland of divine renditions! The evening programme concluded with Mangala Arathi followed by Divya Prasadam.



Sri Sathya Sai Trust For Universal Welfare launched a Coffee Table Book during this year's holy GuruPoornima (13th July 2022) as an ode to Bhagawan Sri Sathya Sai Baba, Whose Guidance and Inspiration has set thousands of youth in the path of Love and Selfless Service across the world.

The Coffee Table Book, titled 'Lokahitham Mama Karaneeyam' that translates to 'Our duty is to do good to humanity', contains a kaleidoscope of the various gargantuan humanitarian projects being set up for universal welfare. The book is sure to inspire more youth into the path of unconditional Love and Service in the golden age! Feel free to share the book with your loved ones!

<u>Download Link: https://bit.ly/3oLrQlp</u>

## **CANCER CANCELLED!**



A little over 100 days from now, Sri Sathya Sai Divyaamritam would be made open for anyone seeking free-of-cost world-class cancer treatment.

We believe that this would dole out the panacea to all the affected, who would now find a home to seek alleviation from the most feared and most financially draining disease .



## ABHINANDANA GRATITUDE AND GOALS FOR YOUTH



On Sunday, 17th July 2022, Sri Sathya Sai Trust For Universal Welfare organized a holistic youth empowerment programme at the elegant venue of BhagyaSri Function Hall in Pedagantyada area in Visakhapatnam. The activity attracted scores of adolescents and young adults, aspiring to create a great future for themselves and the world.





Brother Siva Sai heartily welcomed the young minds to the programme and provided a broad outline of the same. One of the trustees Sri VSS Chaitanya addressed the audience likening them to be the very children of the trust, and promising them of all support and attention for a bright future.



Secretary of the trust Dr. Kalyan Sarvepalli expounded the framework of SAPP comprising the 4 segments of Personality - Spirituality, Academics, Personal and Professional, and advised them with tips to enhance their learning and caliber.



He clearly emphasized on teaching or sharing knowledge as well as developing thirst and ensuring availability for it. He called for the youth to play active roles for societal welfare.



Sri Kumar, Project Director of the Divine Housing project under the trust weighed upon the youth to develop the attitude of gratitude. He strongly underscored the need to make constructive use of technology and to stay away from its pitfalls. Videos on various service activities were presented that went on to motivate everyone present.

Next, we had the honour of having a series of inspiring personalities address the youth. Retired naval officer Sri Murali garu spoke on the impact of the various service activities he is involved in and told he was blessed to be a part of this programme.



The principal of Balavikasa Bharathadesam school inspired the youth with his vision of translating his passion for serving the nation in the form providing free education to needy children at his school.



Professor Chandra spoke next, highlighting the importance of content over appearance and how comfort zone has to be overcome for success in one's life.

Trustee Ramamurthy elucidated about the trust activities and the mission. Sri Hemanth offered an inspirational account of his consistent involvement in the night hunger alleviation programme (Divya Prasada Seva) and working on a side hustle of distributing newspapers in the wee hours before sunrise. Sri Srinivas Boppa, president of the trust, delivered the vote of thanks and brought the programme to a conclusion.

The youth who were exposed to a series of inspirational talks by stalwarts and wonderful citizens had a lot to take back with them!





## **TRUST OFFICE INAUGURATED!**

An office to house the administration wor Sri Sathya Sai Trust For Universal Welfare was inaugurated on 31st July 2022 at Hyderabad. The trustees gathered and charted out further actions for the Trust.





#### **MEGA MEDICAL CAMP**

BE CONTRACT OF THE MUNICIPAL OF THE OFFICE O

Special Mention - Pamela Satpathy IAS and AIIMS Bibinagar

Sri Sathya Sai Trust For Universal Welfare is very grateful to the honourable district collector of Yadadri Bhuvanagiri district Smt. Pamela Satpathy IAS, additional collector Sri Deepak Tiwari IAS, the Executive Director cum CEO of AIIMS Bibinagar Sri Vikas Bhatia, Deputy Director (Administration) Col. SP Anantarao for their unflinching support to help us conduct a mega medical camp at Raghunathpur in Yadadri Bhuvanagiri district in Telangana.



The medical camp benefitted 190 needy people, of which 118 were females. The medical camp had 4 specialities such as General, Gynaecology, Dental, and Ophthalmology.





11 patients have been recommended for cataract surgeries, for which Sri Sathya Sai Trust For Universal Welfare will coordinate follow up . 26 were recommended to wear spectacles, and the trust will be ensuring to provide the needy patients free of cost spectacles as prescribed.

We also referred 2 others for further treatment at AIIMS - one girl child for pediatric care and another person for a surgery.



Most importantly, we had the solid support of doctors from the prestigious and dedicated teams from AIIMS Bibinagar and District Medical & Health Organization (DMHO) in Yadadri Bhuvanagiri. We are very grateful to the doctors from AIIMS, Dr Nabnita Patnaik, Additional Professor and HOD Department of OBG, Dr. Poojitha and Dr Santhoshi.



We also express our heartfelt gratitude to the doctors from DMHO Dr Rajender, Dr Bharath and their Pharmacist, along with the 5 ANM Staff. We also thank our doctors Dr Srinivas Murthy and Dr ChandraSekhar as well as the ophthalmologist specialist Dr. Anitha from Lions Club for their full-fledged support in the camp.

All these doctors, despite their busy schedule, supported the medical camp at short notice, and thereby have provided succour to 190 patients. We believe the medical camp would have made a difference to not only the patients' lives but also their families.

We are truly humbled by the entire team and once again thank everyone for their selfless service!



Sanatha means God is the one who is the real Natha for everyone and as such no one should feel that they are orphans just because they have no parents who gave them the birth, guardians or caretakers. Today in Gajuwaka area in Visakhapatnam, under the Sai Sanatha Seva area, 9 madhukaris, who could not afford to take care of themselves, were given a facelift by grooming them neatly.



They were given a neat bath using Dettol water, soaps and scrubs. Their hair and beard were trimmed, and new dresses were given to give them a neat look.

Divya prasadam along with a juice packet was served to them. This apart, they were provided with necessary skin ointments etc. to ensure their existing wounds are healed soon.

We thank the 10 volunteers for their selfless service in bringing smiles and gifting the Madhukaris with a new spirit of self spirit.



#### DIVYA PRASADA SEVA

#### (NIGHT HUNGER ALLEVIATION)

It is unimaginable to have a peaceful day without access to good food. 150+ Madhukaris (needy beneficiaries) now have access to dinner meals everyday through Divya Prasada Seva.

More than 300 days have been completed since the inauguration of the Divya Prasada Seva, where the main intent is to ensure that no one goes to sleep hungry.

We thank all our patrons, well-wishers, donors and volunteers for their selfless support to this seva.





#### SWAYAM PAKA SEVA

In order to help needy families lead respectable lives and motivate them to look for improved livelihood, Sri Sathya Sai Trust For Universal Welfare supports various needy families by serving them through 'Sai Swayampaka Seva'. Under this initiative, the trust supports them with monthly groceries, to enable them to cook quality food as per their convenience and desired quantity. This makes the needy families overcome the need to reach out everyday for food, and instead helps them plan a livelihood now that they are assured of food grains for a month. This month, 24 needy families across various areas in Visakhapatnam and Vizianagaram benefitted from the seva. The beneficiaries include a family whose breadwinner is no more and the children are physically challenged, some migrated labourers without ration cards and no access to government aid, those whose family elders have medical problems, needy single parents etc.

Apart from this, there were 9 more needy families in Siddipet in Telangana that benefitted from the Swayam Paka Seva.



### **WE ARE HIRING!!**



#### Dear all,

Here is an opportunity for you where your work can give you the satisfaction of also serving the needy!

Sri Sathya Sai Trust For Universal Welfare is a public charitable trust that serves the needy and helps create livelihood The trust is involved in gigantic humanitarian projects like free-of-cost cancer treatment hospital, free-of-cost education for needy children, free housing for needy, night hunger alleviation amongst a slew of other key welfare projects for the needy.

We are on the lookout for: 1. Digital Designers

- 2. Website and Mobile App developers
- 3. SEO Specialists

Join us and put your creative hats to use for a noble cause!

Send your resume to info@ssstfuw.org, or call us at +91 7799882130





Designers Website & Mobile application Developers SEO Specialist

> send your best resume to info@ssstfuw.com

> > www.ssstfuw.org +91 7799882130





## It's time we resolve and commit ourselves to bring smiles and happiness in the lives of the needy

#### LOKA HITAM MAMA KARANEEYAM

#### It's our duty to do good to the world!





# IF YOU WISH TO GET INVOLVED

Mobile: +91 8143632270 Mail: info@ssstfuw.org

Follow us in our social media handles - @ssstfuw



## And spread the Divine news!

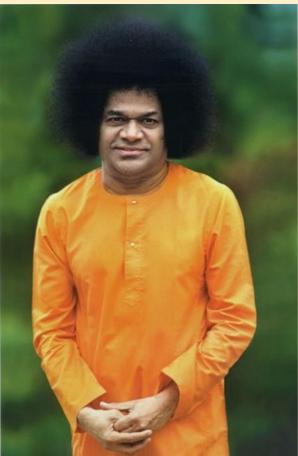
#### We will be happy to have your support and participation!

Account Name: SRI SATHYA SAI TRUST FOR UNIVERSAL WELFARE Account Number:- 40458034101 IFSC Code:- SBIN0021458 MICR Code:- 500002470 Bank & Branch:- State Bank of India, Sairamnagar Colony, Karmanghat - 500079





## **THANK YOU** FOR YOUR PARTICIPATION!



## WE PRAY TO BHAGAWAN TO SHOWER BLESSINGS ABUNDANTLY ON YOU AND YOUR FAMILY!

SAMASTHA LOKAH SUKHINO BHAVANTHU

**STAY SAFE | STAY BLESSED**