

LOKA HITAM MAMA KARANEEYAM



SRI SATHYA SAI TRUST FOR UNIVERSAL WELFARE



THE DIVINE CONNECTION

DIVYA VAARADHI

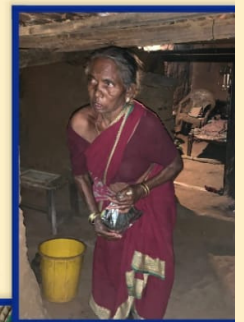
JANUARY 2022 EDITION

ABOUT THE TRUST

Sri Sathya Sai Trust for Universal Welfare (SSSTFUW) is a Public charitable trust headquartered in Hyderabad, Telangana, India.

Founded drawing inspiration from Bhagawan Sri Sathya Sai Baba, with a clear vision to Serve the Needy and Create Livelihoods, the Trust enterprises in the fields of Health, education, Hunger Alleviation and other permanent and sustainable service projects.

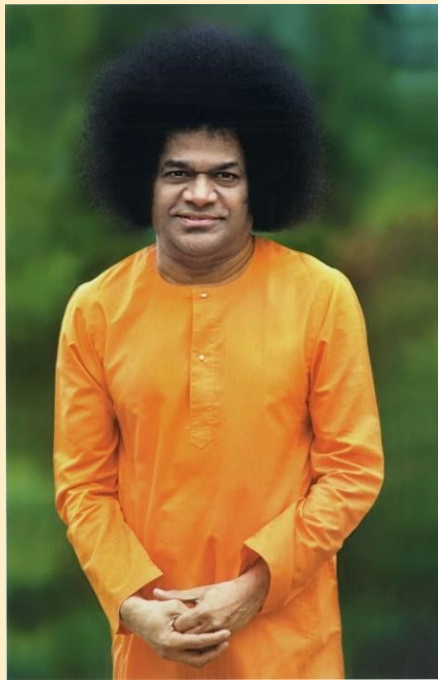
SSSTFUW includes like-minded individuals in partnership with enabled individual and corporates for the betterment of the society





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THUS SPAKE THE LORD

Swaraj or Swarajya, commonly used for an independent state, connotes only absence of worldly dependence. Independence can be enjoyed by man only if he gets rid of bondage to the senses which drag him into tantalising ventures.

May everyone everywhere be happy and peaceful



From the Desk of Secretary

Dear All,

This New Year 2022 is reflective of both constructive vigor and responsible ruminations. Inspired by "Loka Hitham Mama Karaneeyam" – Our Duty is to do good to the society all the times, the Trust has always attempted to be innovative and is striving hard for the greater good of the society.

As we start our free-of-cost cancer hospital project 'Sri Sathya Sai Divyaamritam' and scale ahead for operations in November 2022, we are swiftly working on collaborations with like-minded partners, NGOs, hospitals etc. to fast-track the project and make it a reality with Divine Grace. The primary objective of the cancer hospital is to provide comprehensive world class cancer care to all the needy irrespective of their social strata. We are also working on other humanitarian projects such as Divine Housing, Education, Women Empowerment, Hunger Alleviation etc.

I would like to end by quoting our beloved Bhagawan Baba here, “Unity is Divinity and Strength”, where He explains that when 'I' is replaced with 'We', all good things magically manifest themselves. We thank all the Volunteers, Donors, partners, well-wishers who have worked unswervingly to enrich the lives of the needy and sustain the same.

With Love and Gratitude,

Dr. Kalyan Sarvepalli

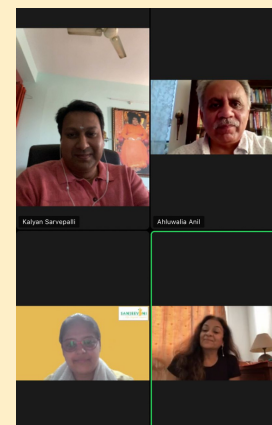
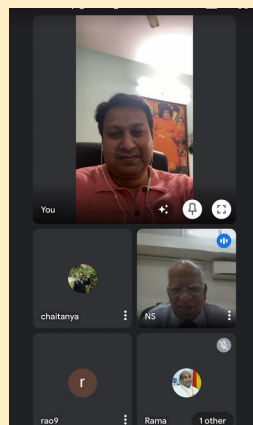
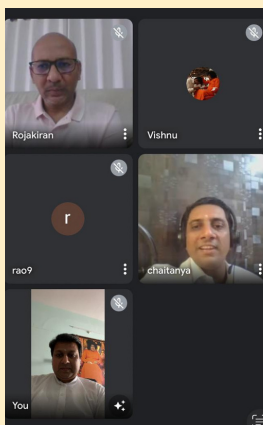
Secretary & Trustee

Sri Sathya Sai Trust For Universal Welfare



SRI SATHYA SAI DIVYAAMRITAM

Free Healthcare is a cornerstone and a key pillar of Bhagawan Sri Sathya Sai Baba's Mission. 'Sri Sathya Sai Divyaamritam' – a hospital that would provide free treatment and world class research facility for cancer related ailments would come up in a 5-acre land in Vizianagaram district near Thatipudi reservoir that will also house a free dialysis center. At a point of time when cancer treatment is unaffordable to a majority of the population, Sri Sathya Sai Divyaamritam would provide the much needed succour to poor and needy patients affected by cancer.



The project's execution is happening at breakneck speed. Like-minded organizations and good Samaritans like Dr. Rojakiran - Cancer Specialist MS (Gen) M. Ch (Surgical Oncology), Col. Sri Nyayapathigaru - 'Care India Medical Society (CIMS)', Ms. Ruby Ahluwalia 'Sanjeevani - Life Beyond Cancer' etc. have expressed their interest in exploring collaborations for making this dream humanitarian healthcare project a reality.

Come November 2022, the hospital would start operations and soon the needy and others struggling with cancer can start to use the free-of-cost temple of healing to overcome the ailment.



SRI SATHYA SAI DIVYA PRAASADAM (DIVINE HOUSING PROJECT)

A humanitarian project filled with concern and love for the homeless was launched in November 2021. Through the project Sri Sathya Sai Divya Praasadam, 12 needy families will be recipients of Bhagawan Sri Sathya Sai Baba's Divine Shelter in the form of newly built houses. Each house will have a hall, a bedroom and kitchen covering an area of around 65 - 75 sq. yards.

The 12 families, through the Divine Housing Project, will be able to lead respectable lives. The first Divine House had the Bhoomi Pooja done in Enumalapalli village near PuttaParthi. The construction for this is happening at top pace.

Bhoomi Pooja for 2 more houses were done at Vishakhapatnam on 29th December. The beneficiary families are from a needy background, and thus will now have a permanent roof of protection that will allow them to seek respectable livelihoods.



With New Year, comes new and bigger opportunities to make a difference!



Read on about January's updates and how you were able to bring smiles among the needy!

Sai Vaatsalya - Welcoming New Borns on New Year's Eve

The new year 2022 is a birth of new dawn, of renewed hope, of cheer and most importantly of love.

The beautiful angels that were born on the New Year's day were welcomed with a lot of love and smile. 18 new born infants in various Visakhapatnam government hospitals were gifted with colourful and safe baby kits that will be needed by the parents for baby care. The day was filled with bliss that the babies brought us all into!



WARMTH OF LOVE

As our team are daily distributing Divya Prasada (Dinner) for the needy in Visakhapatnam, they observed that the recipients (fondly addressed by Swami as 'Madhukaris') are finding the climate increasingly cold due to the onset of winter. It was also noticed that some of them had nothing to cover themselves.



The team immediately decided to look for all such needy people who are not able to cover themselves from the biting cold. The team travelled a distance of over 120 km during the night around Visakhapatnam to ensure the needy and the deserving receive the much needed warmth. Around 45 blankets were distributed on New Year's Eve, and 60 more in another round a few days later in January. The recipients expressed deep gratitude for the warm love shared with them in the form of blankets.

Relief Materials for Fire accident victims

Due to a fire accident in an area near Visakhapatnam, 6 houses were gutted along with the loss of all their belongings.

Our team immediately got their act together to ensure all daily need items including protective tarpaulin, utensils and food grains are immediately being provided to them. Essential items like cooking utensils, dining set, 1 month dry ration, waterproof tarpaulin, school kit including books, box, water bottle, pencil kit and a bag, and toiletries are being provided to all the 6 affected families. We pray for quick recovery of all and pray for their well being.



SAI SCHOLARSHIPS

Our society's success can be well marked by the facilitation of studies of students across various socio-economic strata. The COVID-19 pandemic has caused immense damage to livelihood of the society. Needy school children who could not even afford a smartphone were left in the lurch. Some could not even pay their fees, which took them to the extent of discontinuing their studies.

In order to ensure continuity of their studies, students from underprivileged sections are being provided with laptops to enable them to attend online classes. We are also happy to let you know that needy students, who are unable to pay their fees, are being provided Sai Scholarships.



REPUBLIC DAY CELEBRATIONS

The volunteers of Sri Sathya Sai Trust For Universal Welfare, on 26th January, participated in the Republic Day celebrations in a couple of schools in Vizianagaram district in Andhra Pradesh.

After the R-Day celebrations that fused everyone with patriotic fervour, the volunteers provided 100 school children with new steel lunch plates. Another 120 children studying in 2 other government schools are also being provided with the new steel plates.



DIVYA PRASADA SEVA (DINNER AT DOORSTEP!)

Staying hungry affects our physical and mental health. It is very important for us to not only have our fill, but also ensure to share the happiness of divine food with the less privileged to ensure they don't stay hungry.

While the needy are able to receive food during the day with the help of kind souls, it is not the case with their supper meal.

On the holy occasion of Vaikunta Ekadasi day, in order to alleviate more needy people from hunger, our team has started reaching out to more needy recipients (Madhukaris). With this, more than 75 Madhukaris will be receiving dinner daily at their door step, to ensure they don't venture out in the night in search of food.



SWAYAM PAKA SEVA

Sai Swayam Paka sets in the form of groceries are being provided for needy temple priest families every month, who are unable to make their ends meet.

With this, the families are in a position to cook their own food for themselves, thereby feeling self-reliant in terms of quantity & quality!



Maasa Shivaratri Rudrabhishekam

The monthly event of propitiating Lord Shiva through the 'Maasa Shivaratri Rudrabhishekam' was, in this month, conducted on the 1st of January and 30th of January, in Hyderabad.

Universal welfare, peace and prosperity were what were prayed for by one and all during this holy event.





DIVINE DISCOURSE

Bhagawan Baba, on the Holy occasion of Sankranti 2022, lovingly granted us His Message:

Dear Embodiments of Love!

This Sankranti is Prema Sankranti and Ananda Sankranti. Hence, welcome this Sankranti festival. Welcome God, who is the embodiment of Bliss.

God is not satisfied with the appellations like "Karunanidhi (the treasure house of Compassion)" and "Premaswarupa (Embodiment of Love)". God is always blissful. You should not pray to God to fulfil your umpteen number of desires. Just pray, "Oh! God! Share Your bliss with me. Make me blissful!"

Never deride God as nirdaya (one without compassion). Whatever God does is for our own good. Even the sorrows and difficulties you experience are for your own good. They are preludes to happiness and bliss. If you cultivate such positive outlook, you will always be blissful. Share your happiness with all. Contrary to this, man today is keeping happiness to himself and distributing sorrow to others. This is not what we should do. "Suppress your sorrow and manifest inner joy" --this is the spiritual sadhana one has to undertake. When you encounter any difficulty or sorrow or restlessness, do not mind them at all. Ignore them. You are always Embodiments of Bliss. If you constantly contemplate on this reality, nothing will bother you.

*With Love
Baba*



FOOD FOR SOUL

Handling Night Hunger in Visakhapatnam, Andhra Pradesh: Sri Sathya Sai Trust for Universal Welfare's Divya Prasada Seva Project is addressing evening and night hunger issues in Andhra Pradesh.

Mission Hunger Alleviation

Food is divine and basis for all. If the basics are not taken care of, it becomes the root for an imbalance in the society. Food is extremely important to ensure good health. A critical aspect of food is its purity and quality. It is commonly said that "We are what we eat". Thus, what we eat should not only be nutritious and sumptuous but should also be Divine! Divine Food ensures clean thoughts and peace of mind.

Our ad-hoc survey confirms that a significant number of homeless people are sleeping on an empty stomach during nights. These sad statistics underscore an insistent need for sustainable solutions. Many kindhearted souls are serving the food during the day, however during the night the needy do not get access to food easily. Visakhapatnam, Andhra Pradesh is one place where we wanted to pilot the whole project.

A Natural Sustainable Solution

Hunger alleviation is one such short term self-satisfying solution which can be easily achieved if all like-minded individuals come together. It is also a part of the Trust's objective "Serve the Needy" which aims to provide immediate relief to the deprived. This Project involves enabling good souls to do their bit by providing them a suitable platform.



In this milieu, we envisaged a few models, where every kitchen will cook few extra meals with love and serve the same in the nearby areas while it is still hot, with a pre-survey. Also Creating cloud kitchens where the food is cooked and delivered like a hub and spoke model. Along with food, the volunteer ensures the personal connect with the beneficiary to understand how we can connect the dot in accomplishing the other objective of Create Livelihood from a long-term perspective.

A Conspicuous Change

As I write this, we have already completed our 140th day of serving successfully. Along with the food, we also take care of various other needs like clothes, blankets thus giving them the warmth of love. The Project has been encouraging so far giving enough viable vibes to scale it up in other areas of the country. As a bonus we have seen a few self-transformational stories where a beneficiary after receiving the food for a week consistently came forward to contribute a few hundred rupees. When asked how, he was in tears to tell us this night food benefitted him in searching for the work early next day morning, thus bringing him his livelihood back! There are a few more transformational stories that have been so quick and visible.

These confirm it all, and we as a team would like to go all out by developing a sustainable and scalable model all over the country. This starting point of Divya Prasada Seva in Visakhapatnam is a part of a larger journey map to ensure no one sleeps hungry!

Stay Put, will get back to you all with more updates. If you would like to involve reach out to us info@sstfuw.org

The writer of this article is Kalyan Sarvepalli,, who works for an MNC.

*Let us make a resolution to bring smiles
and happiness
in the lives of the needy*

LOKA HITAM MAMA KARANEYAM

It's our duty to do good to the world!





GET INVOLVED

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And spread the Divine news!

We will be happy to have your support and participation!

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Account Number:- 40458034101

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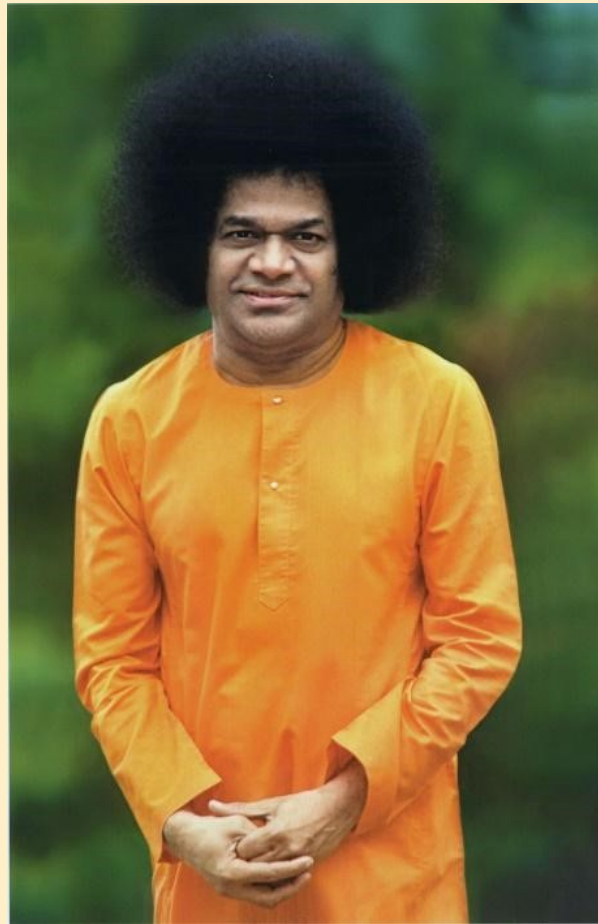
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THANK YOU

FOR YOUR PARTICIPATION!



WE PRAY TO BHAGAWAN TO
SHOWER BLESSINGS ABUNDANTLY
ON YOU AND YOUR FAMILY!

SAMASTHA LOKAH SUKHINO BHAVANTHU

STAY SAFE | STAY BLESSED